

THE PINES SENIOR AND  
ASSISTED LIVING  
400 WEST 67TH STREET  
RICHFIELD, MN 55423  
612-861-3331



# Pine Cone Press

VOLUME 17, ISSUE 5

MAY 2024

## News From The Administrator



**Lisa Curry**

**Housing Director  
The Pines**



HAPPY MOTHER'S DAY

**Office and Reception  
Hours Until  
Further Notice**

**Monday—Friday**

**8:30 a.m. to 7:00 p.m.**

**Saturday & Sunday**

**9:00 a.m. to 5:30 p.m.**

Springtime is finally here at the Pines! With any luck we have made it through the snow, although I do remember years that we have had snow in the month of May. Let's hope that does not happen this year. We have the bird feeders well stocked and the flowers out front ready for the summer. Soon we will be ready for the back patio gardeners and some music on the patio.

This month we celebrate the wonderful women in our lives we call mother and the women who are like mothers to us. Motherhood is not a one-size-fits-all hat to wear. Every woman who nurtures and encourages, listens to and leads, lifts up and bends low, sacrifices much, and shows up for another is a mother.

Please join us for our Mother's Day Tea Party on Saturday, May 11<sup>th</sup> or our Mother's Day Brunch on Sunday, May 12<sup>th</sup>. Celebrate!!

We also celebrate Monday, May 27<sup>th</sup> which is Memorial Day. This day we recognize and remember the men and women who passed while serving in the US military as we do every day in our community with recognition on our Wall of Honor. For some, Memorial Day also unofficially marks the first day of summer. Hooray for warmer weather and another Minnesota season!

Hope your month is aMAYzing!

Blessings to all.

Lisa

# Cassia Health Service News

Director of Health Services Ruth Ollenketo

As April showers bring May flowers let's take the time to share the times we can with family and friends. The Pines would like to wish you all a Happy Mother's Day, may you cherish the moments you have!

We have great news for all who have been anxiously waiting to hear about our vaccine clinic! We are going to have a vaccine clinic scheduled in May at The Pines, Tuesday May 14<sup>th</sup> 10:00 a.m. We will be sending out consent forms that will need to be signed and returned. Pharmacy have reviewed resident's charts and indicated vaccines that are due on the consent forms. You will also have an option to get the newest Covid booster vaccine that is recommended by the CDA at this time. If you would like to get it, you must mark that box. Please be on the lookout for the consent forms to be placed in your internal mail folder behind the front desk. POA's who sign for residents will also receive the forms sent via email. If you have need a form or have questions about the consent form please see Cyndy in Resident Services.

Return completed forms to Cyndy in Resident Services office.

**Deadline is Thursday May 9<sup>th</sup>.**

Brookdale home care has graciously offered to come out once a month and hold a vitals clinic for everyone at The Pines. We are hoping to get started with this soon and will have more updates coming soon!

A few reminders to help keep our residents safe:

When residents are leaving the facility we would appreciate if they sign in and out at the front desk.

This just helps us ensure we can account for where our residents are.

If families are bringing residents out to the hospital or doctors' appointments, please let nursing know they will be going out. This helps nursing to keep track of which residents need follow up. If it is after 5pm during the week or over the weekend please call the on call nursing phone number listed below.

Thank you all for your help in ensuring we give the best care to our residents and hope you have a fabulous May!

If there are any concerns or changes in residents please feel free to come talk to our nursing department.

**On Call Nurse Line: 612.213.0090 M-F 5pm to 7am Sat/Sun 24 hours**

Tracy RN hours and contact: Wednesday, Thursday, Friday 8:30 to 5pm

[Tracy.Boyles@cassialife.org](mailto:Tracy.Boyles@cassialife.org)

Emily LPN hours and contact: Monday, Tuesday, Thursday, Friday 6:30am to 3pm

[Emily.Kukowski@cassialife.org](mailto:Emily.Kukowski@cassialife.org)

Ruth Ollanketo Director of Health Services

612.259.2892

## Resident Services

## Cyndy Grinvalds, Director



### 2024 Service of Remembrance

Remembering  
our friends who  
passed away in  
the last 12  
months.



## Resident Spotlight by Cyndy Grinvalds

Sheri was born in Lafayette Indiana which is nestled 36 miles north west of Indianapolis and 125 miles south east of Chicago and home to Purdue University. Sheri said “I was born at St. Elizabeth Hospital and was the last of six children in the Anderson family.”

Sheri attended Jefferson High School, she said she loved to read and once thought of becoming an author and writing a book; however, her natural affinity for children would eventually propel her to a career as a teacher but not before a young lad came into the picture. Family lore has it that in high school Sheri was out driving and had a flat tire, a young man, Chester, stopped to assist her and before they parted ways he asked for her phone number. The story becomes even more charming when we learn that not only did Sheri and Chester graduate from Jefferson High but both their parents did, **and** the three children they would go on to have all graduated from Jefferson High. Yes that flat tire blossomed into a relationship, Sheri and Chester eventually married and together raised three children.

Blessed with a natural athletic ability Sheri dearly wanted to coach her children in soft ball. After immersing herself in a book on coaching from the library Sheri started coaching the summer softball league. Her daughter Edie said “mom coached me every summer in soft ball from 5<sup>th</sup> grade through High School with great success.”

Sheri went on to graduate from Purdue University with a Bachelors in Education and had a gratifying career as an elementary school teacher. Sheri said “she just loved it” and her daughter said “she was very beloved by all the children, parents and the greater community.”

Sheri was living alone in Indiana and said she felt rather alone so she adopted two rescue kitties and named them Sonny and Cher. They moved with her here to The Pines when she relocated to Minnesota to be closer to her eldest daughter where Sheri is affectionately known as “coach.”

## Families and Visitors

### Your Attention to This Matter is Paramount.

The drop off area at our front door **is not** a parking spot.  
Yes this means you!



This turn around area is meant for emergency vehicles and a car parked in that area in front of our door unattended could potentially affect a life or death situation. Emergency vehicles, personal and equipment need complete access in and out for emergencies. If time is of the essence your loved one could be the one adversely affected by delays in accessing our building.

You may not park, bring someone in the building and quick run them back to their apartment. You may not park, go in and get your resident ready then walk them down to front door. You have now left the car parked unattended in the emergency entrance. If your loved one needs assistance to or from the door you must first park in a parking spot. There are seven plus one handicapped parking spaces in front and ample free parking in the ramp on the north end of our building where there is easy access to our building.

Visitors if you leave your car unattended for any length of time in front of our main entrance police will be called and you will be ticketed.

# ACTIVITY OUTLOOK

*We invite you to our Mother's Day Tea Party Sat May 11th!*

*Finger Food, Tea, Coffee, Water and Lemonade will be served.*

*Event will be held in the Main Dining Room from 2:00pm - 3:00pm*

*Please RSVP with Sarah Activities Director (612-259-2888) or at The Front Desk,  
deadline Monday May 6<sup>th</sup>*



## **May Outings:**

May 3<sup>rd</sup> El Tejaban Mexican Grill

May 10<sup>th</sup> The Pavek Museum

May 17<sup>th</sup> Unique Thrift Store

May 24<sup>th</sup> Visit – Primrose School

May 31<sup>st</sup> Como Zoo

## **Dates to Remember:**

May 7<sup>th</sup> Cinco de Mayo Celebration and Birthday Bash w Musical Guest:  
Alejandro Prieto

May 9<sup>th</sup> Adopt-a-Grandparent Program

May 21<sup>st</sup> Blood Pressure Clinic – Brookdale Home Health

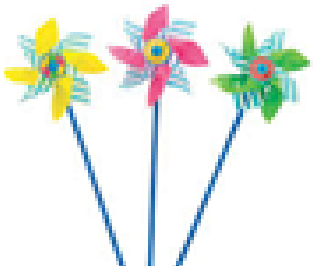
May 21<sup>st</sup> Musical Guest: Matt Schmitz

May 22<sup>nd</sup> Fall Prevention Screening – Brookdale Home Health



*Golden Valley  
Humane Society*

Place of  
unconditional  
love and cuteness



折り紙  
Origami



# SMILES



## ADOPT A GRANDPARENT DAY

## PRIMROSE SCHOOL



### Mother's Day Brunch May, 12th

11:30- 1:00

Ham and Cheesy Potato Dinner with all the fixins.



**Enjoy Cookies**  
**Baked Fresh Every Day**

**Cookie Prices**  
\$5.50 Per Dozen  
\$10.00 Per 2 Dozen

Please see Receptionist for available selection



## Employee Anniversaries

- Caleb P... Server 5 years
- Jennifer W... Receptionist 4 years
- Pablo A... Cook 1 year
- Meme M... Caregiver 1 year
- Kat ... Caregiver 1 year



Here's to strong women.  
May we know them.  
May we be them.  
May we raise them.

## Birthdays

- Elayne S... 5/11
- Carol H... 5/14
- Gladys J... 5/14
- Paul W... 5/17
- Caroline S... 5/18
- Tom E... 5/30

## WELCOME ABOARD!

### NEW HIRES

- Daja H... Caregiver
- Trudye M... Caregiver
- Carlos V... Housekeeper



Family Council met on April 15th they informed management they have decided to meet on a quarterly basis vs monthly. It was stated it will be in June or July. More information to follow as we are provided more details.

