

THE PINES ASSISTED
LIVING
400 WEST 67TH STREET
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Pine Cone Press

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News From The Administrator



Lisa Curry
Housing Director
The Pines



Office and Reception Hours

Monday—Friday
8:30 a.m. to 7:00 p.m.
Saturday & Sunday
9:00 a.m. to 5:30 p.m.

There is a serious chill in the morning air and I have to question what happen to summer and fall as I see the snow on the ground already! Our fireplaces are on and the warm coffee offers a more profound level of comfort than it did in the warmer months.

As always, November is a month for us to be thankful and grateful for everything that we have. This year, I'm thankful for my family, my Pines family but also for the opportunity to be the Director here at the Pines. I am also grateful that I have come in contact with so many pleasant and caring staff members here. The considerate family members and friends as we have made our way through another trying covid year. The residents at the Pines I call our family, and we remember those who have left our Pines family with fond reminiscences and beautiful memories. For all these things, I am thankful.

November is the month to look back over the past year and I think about how many recognition pins we have given to our team members for their great customer service, integrity, excellence, stewardship, and respect. Our recognition program continues on so if you see any of our wonderful Pines team members going above and beyond, creating a warm environment for you or your loved one, seeking to understand your needs, or celebrating new ideas, please stop by the front desk and give their name and we can recognize them at our next staff meeting. We are grateful to have a wonderful team at the Pines.

As the holiday season approaches and our lives get hectic and crazy, make your family a priority. Keep the magic of life alive and remind your friends how important they are. Life is too short to sweat the small stuff. Enjoy every moment and make them count!!

We are the Pines want to wish everyone a wonderful Thanksgiving holiday. We are blessed to have our Pines family with us every day! God Bless.

Resident Services

Cyndy Grinvalds, Director

A & E Covid Booster Vaccination Clinic

Will be held here Wednesday November 15th from 10:00 a.m. to 12:00 noon in the 2nd floor library area. Consent forms are available from resident services office or the front desk. It is a double sided form and must be completed in it's entirety. Both pages must be completed, signed and returned to Cyndy in Resident Services. We do not require a copy of your drivers license. All the Medicare and insurance information/numbers they require must be filled in. The government no longer pays for the vaccine and it is expensive hence the need for accurate details. Completed consent forms will be given to A & E Pharmacy in advance so they can verify insurance coverage. If you are not covered you will be declined for our clinic. Should this be the case you will be notified ahead of November 15th. Consent forms must be turned in by Nov 10th, no exceptions. If you have questions about whether to take the shot please contact your primary care physician. Vaccine information sheets available for the asking from resident services.



Mary Ann Jagodzinski

Resident Spotlight by Cyndy Grinvalds

Mary Ann was born and raised in Minnesota, and said "I would never live anywhere else." She was born in Minneapolis but raised on a farm in Waverly Minnesota, home of Hubert H. Humphrey. She has one sister and said "they were different as night and day." Mary Ann was the outdoor girl and did many of the farm chores. They raised livestock and crops. Mary Ann was proficient at milking cows and driving her favorite Allis-Chalmers Farm All tractor.

Mary Ann graduated from St. Mary's High School in Waverly and said she was one of the first scholarship graduates of the two year RN program at St. Mary's. Mary Ann had a long career in nursing not retiring until her late 60's and remarked several times "I just loved my job." Mary Ann worked at Mt. Sinai until it closed and then spent the remainder of her career at Hennepin County Medical Center in Minneapolis where she worked in the pediatric emergency department.

Mary Ann met her husband to be Jerry, or as she called him "Jug" at the Blue Note Ballroom in Winsted Minnesota, she recalled with great fondness how wonderful that era of ballroom dancing was. Jerry and Mary Ann married and together raised two daughters. Today Mary Ann is proud to have 2 grandsons and one great grandson Noah, 6 month old. Noah lives with his Marine family in Okinawa and Mary Ann is thrilled to be able to FaceTime with him and see and talk to him even though he is so very far away.

Today Mary Ann enjoys reading and has just finished her 27th book in the *Stephanie Plum* series.

A Word From Activities:

Our beautiful winter wonderland is right around the corner, it is a bitter sweet moment for all of us. With that being said, our outings can have a little bit of a hiccup. The cold and snow may prohibit us from going on our scheduled outings therefore be aware of any last minute cancellations. I will have last minute activities prepared for these occasions so please be on the look for signs of any new activities that day.

Thank you for your understanding,

Sarah Rodriguez
Activities Director

November Outings:

- November 3rd Bachman’s & Patrick’s Café
- November 10th Barnes & Noble
- November 17th Como Conservatory

Dates to Remember:

- November 1st Birthday Bash with Musical Guest Vinnie Rose
- November 10th Veterans Pinning Ceremony
- November 15th Musical Guest: Matt Schmitz
- November 24th 4th Annual Deer Season Opener



**Magician
Markus Clegy**



**Monthly
Men’s
Group**



Employee

Luna Z...

Caregiver

Raniyah F...

Caregiver



Neighbor

Please Make
Welcome

Shirley F...

2nd Floor

Enjoy Cookies
Baked Fresh Every Day

Enjoy Cookies
Baked Fresh Every Day

Cookie Prices
\$5.50 Per Dozen
\$10.00 Per 2 Dozen

Employee Anniversaries

Sarahi O. Activity Director... 7 years

Anita A. Server/Cook... 1 year



Hello November

Thank you for reminding us
we have much to be thankful for!



Remember to "Fall Back" Daylight Savings ends Sun Nov 5th.

Turn back your clock one hour .

A Classic Thanksgiving Meal with all the trimmings at The Pines



Thursday November 23rd

Served 11:30 a.m. to 1:00 p.m.



*Dining room closed for supper. For residents on lunch meal plan a boxed supper will be delivered to your apartment.

Four guests per resident are welcome. There will be two seating's 11:30 and 12:30. Space is limited and once the maximum occupancy has been reached for each seating reservations will be closed. Please sign up at the front desk, it is first come first served. Guests will be required to pay cash/check the day of and must get a pre-paid ticket from the receptionist. Cost for guests is \$17.00.

*We reserve the right to cancel guests due to a covid outbreak.

Willie P... 11/3

Shirley F... 11/5

Barbara E... 11/11

Loretta T... 11/20